

[Energy unions strike to defend rest periods](#)

 [Norway](#)

(October 2016) Energy unions have stepped up their industrial action against the KS employers' organisation as they attempt to fight off plans to cut rest days from three to two following seven-day periods on stand-by. The unions argue that maintaining the grid network is demanding work and the rest period is crucial to enable workers to recuperate. The intensification of the strike action may lead to power cuts but the unions will ensure emergency provision where necessary.

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