Report reviews pro and cons of telework

Europe

(March 2017) A joint report from the Eurofound agency and the International Labour Organisations examines the advantages and disadvantages of telework and puts forward some policy proposals on key issues. The report points to positive effects such as a shortening of commuting time, greater working time autonomy, better work-life balance, and higher productivity. However, it also notes the risks of longer working hours, interference between work and personal life, and work intensification, leading to high levels of stress.

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