Conference 2 "Addressing psycho-social risks and stress at work in the hospital sector"

10 November 2015, Helsinki

On 10 November 2015 the second conference of the joint HOSPEEM – EPSU project on occupational health and safety risks entitled “Social partners’ conference on approaches to the issue of psycho-social risks and stress at work” took place in Helsinki (co-organised by JHL, Superlitto and Tehy and supported by EPSU).

This conference focused on the causes and impacts of psycho-social risks and stress at work, on how they could be best prevented and reduced and on how an effective risk assessment and management could be organised.

- Final agenda

- Conference-PSRS@W-10.11.15-Helsinki-FINAL Agenda

Please find below the media release of the conference in Helsinki on 10 November 2015 followed by the video and all presentations of the day:

- Media release

- Conference-PSRS@W-10.11.15-Helsinki-FINAL-Media Release

- Video of the conference

You can have access to the video of the conference (recorded in three parts; you can listen to the language spoken by the various speakers) via this link/webpage

- Final Report of Helsinki - *in EN, FR and DE*

- **Reference document from HOSPEEM-EPSU Project (2014-2016)** “Assessing health and safety risks in the hospital sector and the role of the social partners in addressing them: the case of musculoskeletal disorders and psycho-social risks and stress at work”: **Summary Document** in EN, FR, DE, ES, RU and SV *[N.B.: The translations have not yet been checked; documents are likely to contain mistakes and might need revisions/improvements]*

Presentations

- Summary of all presentations

- Conference-PSRS_W-10-11-15-Helsinki-Summary-Presentations

- “From Paris to Helsinki”: recalling the main outcomes of the Paris conference on musculoskeletal disorders & introduction of the agenda - {Nico Knibbe, LOCOmotion Research NL (contracted expert)}

- Conference-PSRS_W-10-11-15-Helsinki-Presentation-Nico Knibbe

Session 1: Setting the scene: causes of psycho-social risks and stress at work (PSRS@W) in the hospital/health care sector

- Managing stress and psychosocial risks at European workplaces - *Julia Flintrop, EU-OSHA*

- Conference-PSRS@W-10.11.15-Helsinki-Presentation-Flintrop

Session 2: Risk assessment and risk management in the field of PSRS@W

- Stress in healthcare – Can we measure and prevent stress in healthcare? - *Albert Nienhaus, Berufsgenossenschaft für Gesundheitsdienst und Wohlfahrtspflege (bgw), Hamburg*

- Conference-PSRS_W-10-11-15-Helsinki-Presentation-Nienhaus

- Psychosocial risk prevention within health care profession in the EU - *Peter Kelly, Health and Safety Executive (HSE), UK*

- Conference-PSRS_W-10-11-15-Helsinki-Presentation-Kelly

Session 3: Better managing PSRS@W

- Applying workers' health surveillance to manage PSRS@W - *Sarah Rutten-Ketelaar, Academic Medical Center, Amsterdam*

- Conference-PSRS_W-10-11-15-Helsinki-Presentation-Rutten-Ketelaar

- Handling of harassment in Region Gävleborg, Sweden - *Anders Westlund, Malin Vadelius and Tord Andersson, Region Gävleborg, Gävle, Sweden*

- Conference-PSRS@W-10.11.15-Helsinki-Presentation-Gävleborg-Region

- Risk assessment and primary prevention of psychosocial risks and stress in the context of the restructuration of an institution of the CAPIO Group in Bayonne, France - in EN and FR - *Valérie d'Almeida, CFDT Bayonne and Catherine Allemand, SYNDEX*

- Presentation-CFDT-Bayonne+Syndex-EN
- Presentation-CFDT-Bayonne+Syndex-FR

Session 4: Better preventing PSRS@W

- Working in partnership for an improved prevention of PSRS@W - *James Tracey, Leeds Teaching Hospitals NHS Trust, and Kim Sunley, Royal College of Nursing (RCN)*

- Conference-PSRS@W-10.11.15-Helsinki-Presentation-Tracey+Sunley

Session 5: How can workers cope with their job demands and stay engaged?

- Well-being through work – "How can workers cope with their job demands and stay engaged" - *Saija Koskensalmi, Finnish Institute of Occupational Health, Helsinki*

- Conference-PSRS@W-10.11.15-Helsinki-Presentation-Koskensalmi

{N.B. 1: More information on the joint HOSPEEM-EPSU project "Addressing

musculoskeletal disorders and psycho-social risks and stress at work in the hospital sector (2014-2016)" that sets out the context for the conference can be accessed here

{N.B. 2: If you are interested in receiving more information on the project or event without being linked to an EPSU affiliate or HOSPEEM member, please contact Mathias Maucher

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