

Survey reveals high workloads and stress among government workers

Sweden

A major survey by the [ST](#) trade union found that seven out of 10 government employees report feeling stressed at work, with many citing lack of influence at work as a contributing factor. The union found that state sector employees are more stressed than those in the labour market as a whole. Some 55% said that their workload had increased in the previous two years, with almost 30% feeling that they cannot speak up when they have too much to do. Threats and violence at work was mentioned by 34% of respondents, up from previous surveys with many saying they have not received sufficient support from their employer. Over 16,000 ST members responded to the survey across public authorities, universities and colleges, public enterprises, state-owned companies and other bodies.

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